

Functional Independence Skills Handbook

FISH Assessment Booklet

Student _____ Respondent(s) _____

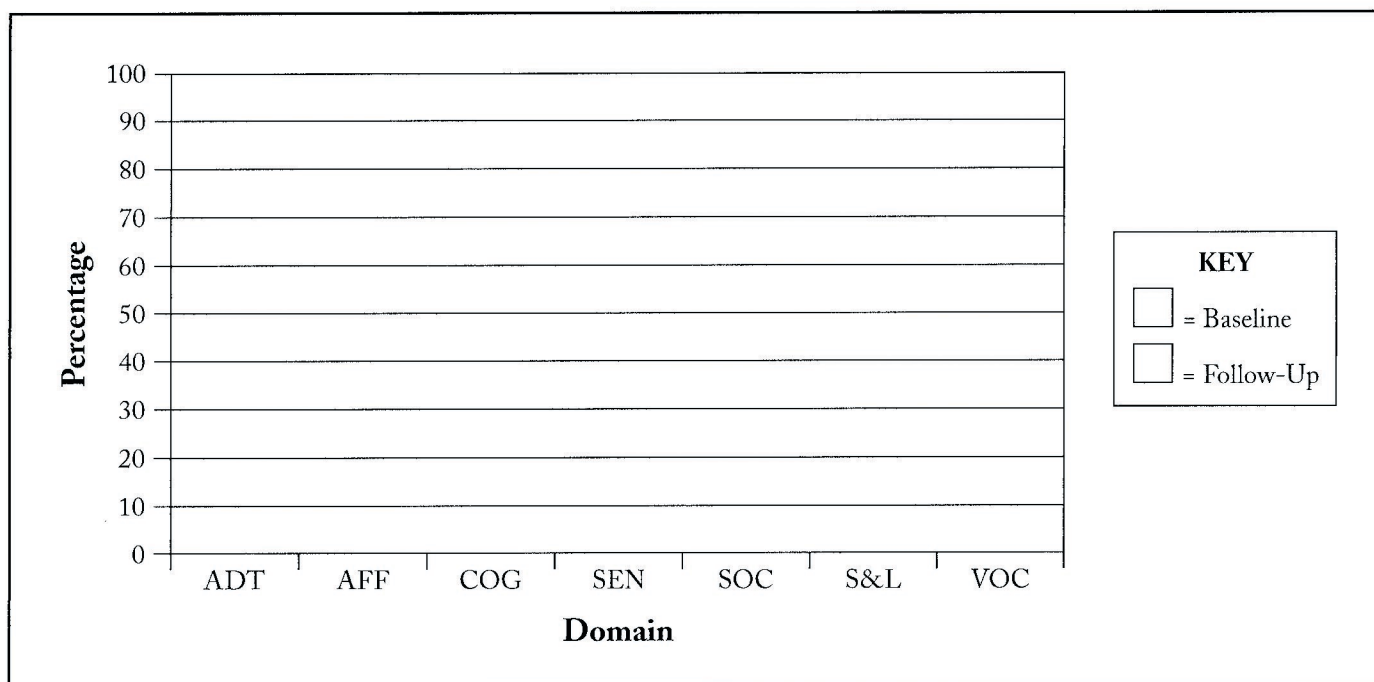
Examiner _____

Summary Box and Graph

Date _____
Baseline

Date _____
Follow-Up

Adaptive Behavior Skills (ADT)	%	%
Affective Skills (AFF)	%	%
Cognitive Skills (COG)	%	%
Sensorimotor Skills (SEN)	%	%
Social Skills (SOC)	%	%
Speech and Language Skills (S&L)	%	%
Vocational Skills (VOC)	%	%



Lesson ADT 115

Task: Use a washing machine.

Prerequisites: ADT 1, ADT 4, ADT 112–ADT 114, COG 6, SEN 1, SEN 12, SEN 14, SEN 16

Concept: Expanding upon the skills of “set washing machine dial” (ADT 114), “sort laundry by color” (ADT 113), and “put laundry in a hamper” (ADT 112), the additional skills of placing separated clothing in the machine, adding soap, and removing the clothes when the cycle is finished are the desired outcome of this task. Temperature settings can create problems, especially with colors and certain fabrics. A tactic that helps in this area is for the student to wash only all-white loads in hot water and have all others washed in cold water using detergents made for cold-water washing.

Behavioral Objective: When requested to “please wash some clothes,” the student will fully operate a washing machine by placing sorted clothes in the machine, adjusting temperature settings, starting the machine, adding soap, and removing clothes when the cycle is finished to a 95% accuracy level for 20 consecutive trials.

Materials: Clothes that need washing (preferably the student’s own), laundry soap, and a hamper.

Task Analysis:

1. Using the skills obtained from “put laundry in a hamper” (see prerequisite ADT 112), assist the student in carrying the hamper to the washing machine. Reduce guidance until only a single-task verbal request is needed.
2. Guide the student through the process of sorting the clothes (see prerequisite ADT 113), opening the door to the washing machine, and placing a pile of sorted clothes into the machine.
3. Have the student identify if the load is white or has colors and demonstrate the appropriate water temperature setting for each type. Continue on this level until the student can independently and correctly adjust the water temperature dial.
4. Using the skills obtained in “set the washing machine dial” (see prerequisite ADT 114), have the student start the washing machine.
5. Guide the student through the process of removing the clothes. Combine all steps and reduce all prompting needed to a total-task verbal request.

